DARE COUNTY SCHOOLS

FREQUENTLY ASKED QUESTIONS ABOUT FREE AND REDUCED PRICE SCHOOL MEALS

Dear Parent/Guardian:

School Year 2020 - 2021

Children need healthy meals to learn. Dare County Schools offers healthy meals every school day. Breakfast costs \$1.25; lunch costs \$2.75 in elementary and \$3.00 in middle and high schools. Your children may qualify for free meals or for reduced price meals. Reduced price breakfast and lunch is free due to state funding. This packet includes an application for free or reduced price meal benefits with instructions on the application. Below are some common questions and answers to help you with the application process.

The privacy of students receiving free and reduced price meals is protected. All School Nutrition Services student accounts (free, reduced price and full price) are coded for privacy. Student may apply and receive free and reduced price meals without others knowing that meal benefits are being provided. Free and reduced price breakfasts and lunches are available for all grade levels: elementary, middle and high.

Dare County Schools allow students to maintain a prepaid account with the school cafeteria. Payments may be made in the cafeteria by check or cash during any serving period. In addition, payments may be made via Internet. To learn more about how to make meal prepayment using Internet visit: K12PaymentCenter.com (formerly LunchPrepay.com) or daretolearn.org. If paying by check please include: Phone Number with Area Code. Your check cannot be accepted without a phone number.

Your check is welcome at all schools in the Dare County School System. The Dare County School System recognizes that occasionally a parent may inadvertently overdraw a checking account and a check may be returned by your bank. In order to recover these funds in a private and professional manner, the Dare County School System has contracted with Nexcheck, LLC, for collection of returned checks. When a person writes a check to a school or the School System, the person writing the check agrees that, if the check is returned that it may be represented electronically on the same account, and that the fee established by law, may be debited from the same account.

1. WHO CAN GET FREE OR REDUCED PRICE MEALS?

- All children in households receiving benefits from Food and Nutrition Services (FNS, formerly known as Food Stamps), the Food Distribution Program on Indian Reservations (FDPIR) or Work First Cash Assistance (formerly Temporary Assistance for Needy Families or TANF), are eligible for free meals.
- · Foster children that are under the legal responsibility of a foster care agency or court are eligible for free meals.
- Children participating in their school's Federally-funded Head Start program are eligible for free meals.
- Children who meet the definition of homeless, runaway, or migrant are eligible for free meals.
- Children may receive free or reduced price meals if your household's income is within the limits on the Federal Income
 Eligibility Guidelines. Your children may qualify for free or reduced price meals if your household income falls at or below
 the limits on this chart.

	Effectiv		NCOME CHART r July 1, 2020 - June 30,	2021	
Household Size	Annual	Monthly	Twice Per Month	Every Two Weeks	Weekly
1	23,606	1,968	984	908	454
2	31,894	2,658	1,329	1,227	614
3	40,182	3,349	1,675	1,546	773
4	48,470	4,040	2,020	1,865	933
5	56,758	4,730	2,365	2,183	1,092
6	65,046	5,421	2,711	2,502	1,251
7	73,334	6,112	3,056	2,821	1,411
8	81,622	6,802	3,401	3,140	1,570
Each additional person	8,288	691	346	319	160

- 2. HOW DO I KNOW IF MY CHILDREN QUALIFY AS HOMELESS, MIGRANT, OR RUNAWAY? Do the members of your household lack a permanent address? Are you staying together in a shelter, hotel, or other temporary housing arrangement? Does your family relocate on a seasonal basis? Are any children living with you who have chosen to leave their prior family or household? If you believe children in your household meet these descriptions and haven't been told your children will get free meals, please call or e-mail John Donlan (252) 480-8888. For information on free and reduced meals, contact Kelleta Govan at (252) 480-8888, X1921 or e-mail govanke@daretolearn.org.
- 3. DO I NEED TO FILL OUT AN APPLICATION FOR EACH CHILD? No. Use one Free and Reduced Price School Meals Application for all students in your household. We cannot approve an application that is not complete, so be sure to fill out all required information. Return the completed application to: Dare County Schools, School Nutrition Services, PO Box 1508 Nags Head, NC 27959. To ensure meal benefits are not interrupted, please complete a new application as soon a possible. Carryover benefits from the prior year will end shorty after school begins. Call (252) 480-8888, X1921 if you have questions.
- 4. SHOULD I FILL OUT AN APPLICATION IF I RECEIVED A LETTER THIS SCHOOL YEAR SAYING MY CHILDREN ARE ALREADY APPROVED FOR FREE MEALS? No, but please read the letter you got carefully and follow the instructions. If any children in your household were missing from your eligibility notification, contact Kelleta Govan, PO Box 1508, Nags Head, NC 27959; call (252) 480-8888, X1921 or e-mail govanke@daretolearn.org immediately.
- 5. CAN I APPLY ONLINE? Yes! You are encouraged to complete an online application instead of a paper application if you are able. The online application has the same requirements and will ask you for the same information as the paper application. Visit www.daretolearn.org to begin or to learn more about the online application process. Contact Kelleta Govan, PO Box 1508, Nags Head, NC 27959; call (252) 480-8888, X1921 or e-mail govanke@daretolearn.org if you have any questions about the online application.
- 6. MY CHILD'S APPLICATION WAS APPROVED LAST YEAR. DO I NEED TO FILL OUT A NEW ONE? Yes. Your child's application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for the new school year. If you do not send in a new application that is approved by the school or you have not been notified that your child is eligible for free meals, your child will be charged the full price for meals.
- I GET WIC. CAN MY CHILDREN GET FREE MEALS? Children in households participating in WIC may be eligible for free or reduced price meals. Please send in an application.
- 8. WILL THE INFORMATION I GIVE BE CHECKED? Yes. We may also ask you to send written proof of the household income you report.
- 9. IF I DON'T QUALIFY NOW, MAY I APPLY LATER? Yes, you may apply at any time during the school year. For example, children with a parent or guardian who becomes unemployed may become eligible for free and reduced price meals if the household income drops below the income limit.
- 10. WHAT IF I DISAGREE WITH THE SCHOOL'S DECISION ABOUT MY APPLICATION? You should talk to school officials. You also may ask for a hearing by calling or writing to: Sandy Kinzel, PO Box 1508, Nags Head, NC 27959; call (252) 480-8888 or e-mail kinzelsa@daretolearn.org.
- 11. MAY I APPLY IF SOMEONE IN MY HOUSEHOLD IS NOT A U.S. CITIZEN? Yes. You, your children, or other household members do not have to be U.S. citizens to apply for free or reduced price meals.
- 12. WHAT IF MY INCOME IS NOT ALWAYS THE SAME? List the amount that you <u>normally</u> receive. For example, if you normally make \$1000 each month, but you missed some work last month and only made \$900, put down that you made \$1000 per month. If you normally get overtime, include it, but do not include it if you only work overtime sometimes. If you have lost a job or had your hours or wages reduced, use your current income.
- 13. WHAT IF SOME HOUSEHOLD MEMBERS HAVE NO INCOME TO REPORT? Household members may not receive some types of income we ask you to report on the application, or may not receive income at all. Whenever this happens, please write 0 in the field. However, if any income fields are left empty or blank, those will also be counted as zeroes. Please be careful when leaving income fields blank, as we will assume you meant to do so.
- 14. WE ARE IN THE MILITARY. DO WE REPORT OUR INCOME DIFFERENTLY? Your basic pay and cash bonuses must be reported as income. If you get any cash value allowances for off-base housing, food, or clothing, it must also be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income. Any additional combat pay resulting from deployment is also excluded from income.

- 15. WHAT IF THERE ISN'T ENOUGH SPACE ON THE APPLICATION FOR MY FAMILY? List any additional household members on a separate piece of paper, and attach it to your application. Kelleta Govan, PO Box 1508, Nags Head, NC 27959; call (252) 480-8888, X1921 or e-mail govanke@daretolearn.org to receive a second application.
- 16. MY FAMILY NEEDS MORE HELP. ARE THERE OTHER PROGRAMS WE MIGHT APPLY FOR? To find out how to apply for Food and Nutrition Services (FNS, formerly Food Stamps) or other assistance benefits, contact your local assistance office or call The Careline at 1-800-662-7030.

If you have other questions or need help, call (252) 480-8888, X1921.

Sincerely,

Dr. John D. Farrell Superintendent

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.

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HOW TO APPLY FOR FREE AND REDUCED PRICE SCHOOL MEALS

you are not sure what to do next, please contact Kelleta Govan; (252) 480-8888, X1921 or govanke@daretolearn.org reduced price school meals. Please follow these instructions in order! Each step of the instructions is the same as the steps on your application. If at any time even if your children attend more than one school in Dare County Schools. The application must be filled out completely to certify your children for free or Please use these instructions to help you fill out the application for free or reduced price school meals. You only need to submit one application per household,

PLEASE USE A PEN (NOT A PENCIL) WHEN FILLING OUT THE APPLICATION AND DO YOUR BEST TO PRINT CLEARLY.

STEP A: LIST ALL HOUSEHOLD MEMBERS WHO ARE INFANTS, CHILDREN, AND STUDENTS UP TO AND INCLUDING GRADE 12

Tell us how many infants, children, and school students live in your household. They do NOT have to be related to you to be a part of your household.

- Who should I list here? When filling out this section, please include ALL members in your household who are: Children age 18 or under AND are supported with the household's income;
- In your care under a foster arrangement, or qualify as homeless, migrant, or runaway youth
- Students attending Dare County Schools, regardless of age

1) List each child's name. Print each child's name. Use one line of the application for each child. If there are more children present than lines on the application, attach a second piece of paper with all required information for the additional children. Is the child a student at Dare County Schools? Circle "S" for Student and "O" for Other children that are not students to indicate the child's role in the household.

2) For each student in the household, enter the name of the school and the student's current grade.

3) If a child child

3) If applicable, please circle if a Child/Student is Homeless (H), Migrant (M), Runaway (R) or Foster (F) Foster children who live with you may count as members of your household and should be listed on your application.

4) Report all income earned or received by children. Report the combined gross income for ALL children listed in your household in the box marked "Child Income." Only count foster children's income if you are applying for them together with the rest of your household.

What is Child Income? Child income is money received from outside your household that is paid DIRECTLY to your children. Many households do not have any child income.

STEP B: DO ANY HOUSEHOLD MEMBERS CURRENTLY PARTICIPATE IN FNS, Work First Cash Assistance/TANF, OR FDPIR?

If anyone in your household (including you) currently participates in one or more of the assistance programs listed below, your children are eligible for free school meals:

- Food and Nutrition Services (FNS formerly Food Stamps).
- Work First Cash Assistance (formerly Temporary Assistance for Needy Families or TANF)
- The Food Distribution Program on Indian Reservations (FDPIR)

 If no one in your household participates in any of the above listed programs:

Leave STEP B blank and go to STEP C.

- 2) If anyone in your household participates in any of the above listed programs:
- Write a case number for FNS, Work First Cash Assistance/TANF, or FDPIR. You only need to provide one case number. If you participate in one of these programs and do not know your case number, contact: Dare County Department of Social Services; (252) 475-5500.
- Go to STEP E.

STEP C: REPORT INCOME FOR ALL ADULT HOUSEHOLD MEMBERS

How do I report my income?

- has income to report. Use the charts titled "Sources of Income for Adults" and "Sources of Income for Children," printed on the back side of the application form to determine if your household
- Report all amounts in GROSS INCOME ONLY. Report all income in whole dollars. Do not include cents

- Gross income is the total income received before taxes
- reduced to pay for taxes, insurance premiums, or any other amounts taken from your pay Many people think of income as the amount they "take home" and not the total, "gross" amount. Make sure that the income you report on this application has NOT been
- . are certifying (promising) that there is no income to report. If local officials suspect that your household income was reported incorrectly, your application will be Write a "0" in any fields where there is no income to report. Any income fields left empty or blank will also be counted as a zero. If you write '0' or leave any fields blank, you
- Circle how often each type of income is received using the frequency to the right of each field

Who should I list here?

- When filling out this section, please include ALL adult members in your household who are living with you and share income and expenses, even if they are not related and even if they do not receive income of their own
- Do NOT include:
- 0 People who live with you but are not supported by your household's income AND do not contribute income to your household

1) List adult household members' (First and Last)." Do not list any household member in the boxes marked household members you listed in STEP "Names of Adult Household Members names. Print the name of each

P

Infants, Children and students already listed in STEP A. will report your net income. a self-employed business or farm owner, you money received from working at jobs. If you are field on the application. This is usually the 2) Report earnings from work. Report all income from work in the "Earnings from Work"

expenses of your business from its gross calculated by subtracting the total operating receipts or revenue. from that work as a net amount. This is What if I am self-employed? Report income

> court-ordered payments. Informal but Assistance/Child Support/Alimony" field on all income that applies in the "Public assistance/child support/alimony. Report 3) Report income from public from child support or alimony, only report the application. Do not report the cash regular payments should be reported as listed on the chart. If income is received value of any public assistance benefits NOT "other" income in the next part.

> > Income" field on the application.

applies in the pensions/retirement/all other 4) Report income from income. Report all income that "Pensions/Retirement/ All Other

STEP D: REPORT HOUSEHOLD TOTAL AND SOCIAL SECURITY NUMBER

eligibility for free and reduced price meals. important to list all household members, as the size of your household affects your your household that you have not listed on the application, go back and add them. It is very number of household members listed in STEP A and STEP C. If there are any members of "Total Household Members (Children and Adults)." This number MUST be equal to the 1) Report total household size. Enter the total number of household members in the field

Security Number. If no adult household members have a Social Security Number, 2) Provide the last four digits of your Social Security Number. An adult household Security Number." provided. You are eligible to apply for benefits even if you do not have a Social member must enter the last four digits of their Social Security Number in the space leave this space blank and mark the box to the right labeled "I do not have a Social

STEP E: ATTESTATION - CONTACT INFORMATION AND ADULT SIGNATURE

and completely reported. Before completing this section, please also make sure you have read the privacy and civil rights statements on the back of the application All applications must be signed by an adult member of the household. By signing the application, that household member is promising that all information has been truthfully

- children ineligible for free or reduced price school meals. Sharing a phone number, email this information is available. If you have no permanent address, this does not make your address, or both is optional, but helps us reach you quickly if we need to contact you. 1) Provide your contact information. Write your current address on the line provided if
- 2) Print and sign your name. Print the and that person signs in the box "Head of Household Signature.' name of the adult signing the application
 - 3) Write today's date. In the space provided, write today's date in the box.

children's race and ethnicity. This field is optional and does not affect your children's eligibility for free or reduced price school meals. STEP F: CHILDREN'S ETHNIC AND RACIAL IDENTITIES (Optional) Share children's racial and ethnic identities. We ask you to share information about your

Please return to: School Nutrition Services, PO Box 1508, Nags Head, NC 27959; (252) 480-8888 X1921 2020-21 Dare County Schools Free and Reduced Price School Meals Household Application (Complete one application per household. Please use a pen.)

	Verifying Official's Signature & Date	Ver							☐ Annually	□Bimonthly (x24) □	□Monthly (x12) □	□Biweekly (x26)	□Weekly (x52)	(
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D. Household Total and Social Security Number (SSN)	D. Household Total and	Please	me received.	GROSS inco	nd amounts of (TER ALL types a	g yourself) EN	er (includin	1) For EACH ADULT household member (including yourself) ENTER ALL types and amounts of GROSS income received. Please	1) For EACH ADU				
Then SKIP to SECTION E.	Weekly Monthly Bi-Weekly Bi-Monthly	s	y Monthly ekly Bi-Monthly	Weekly Bi-Weekly	S	M R F	ı I				s o			
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□ NO □ YES	Income CIRCLE Frequency		CIRCLE Frequency		GROSS Income	Foster		Grade	School Name	Sch	Circle One:	l Last	First MI Last	
following assistance programs: SNAP, TANF, or FDPIR?	from ALL OTHER Sources		income ictions) in (\$000)	ENTER total GROSS income mount (before deductions) i whole dollars only. (\$000)	ENTER total GROSS income amount (before deductions) in whole dollars only. (\$000)	Homeless Migrant			nt Grade .	and their current Grade .	hildren role in	GIRCLE "S" for STUDENT or "O" for Other children that are not students to indicate the child's role in the household.	CIRCLE "S" for STUE that are not student the household.	2) CIRCLE "3 that are in the house
Do any Household members (including you) currently	CHILD/STUDENT INCOME		VCOME Vork	CHILD/STUDENT INCOME Earnings from Work	CHILD/S Earni	If applicable, please CIRCLE if a	75	the e of the ntly enrolle	If applicable, for each STUDENT in the household please ENTER the Name of the School where the student is currently enrolled	If applicable, for household pleas	and ding	LIST the names of ALL INFANTS, CHILDREN and STUDENTS in the household up to and including	the names of A DENTS in the ho	1) LIST STU
B. Assistance Programs	NOTE: For more information on "Sources of Income for CHILDREN/STUDENTS" and Income Frequency see the charts on page 2 (or reverse side) of this application.	f Income or revers	n on "Sources o arts on page 2 (information y see the ch	NOTE: For more income Frequence					ers	ld Memb	CHILDREN and STUDENT Household Members	ILDREN and	A. CH

Sources of Income	Sources of Income for CHILDREN/STUDENTS
Sources of Income	Examples
 Earnings from work 	 A child has a regular full or part-time job where they earn a salary or wages
Social Security	 A child is blind or disabled and receives Social
-Disability Payments -Survivor's Benefits	Security benefitsA Parent is disabled, retired or deceased and
 Income from any other source 	 A child receives regular income from a private pension fund, annuity or trust

S	Sources of Income for ADULTS	·S
Earnings from Work	Public Assistance/Alimony/ Child Support	Pensions/Retirement/ All Other Income
 Salary, wages, cash bonuses 	 Unemployment benefits 	Social Security (including
 Net income from self- employment (farm or 	Worker's compensation	railroad retirement and black lung benefits)
business)	(SSI)	 Private pensions or disability
	 Cash Assistance from State 	Dogilar income from tricts
If you are in the U.S. Military:	or local government	or estates
 Basic pay and cash bonuses 	Alimony payments	 Annuities
FSSA or privatized housing	Cilia sabborr bayments	 Investment income
allowances)	• Veterall's perients	 Earned interest
 Allowances for off-base housing, food and clothing 	• Strike benefits	 Rental income
0		 Regular cash payments from outside household

Income Frequency

Weekly = Once per week

Monthly = Once per month

Bi-Weekly = Every two (2) weeks

Bi-Monthly = Twice per month

Annually = Total salary per yea

Please Mail this application to:

Dare County Schools
School Nutrition Services

PO Box 1508

Nags Head, NC 27959

The Richard B. Russell National School Lunch Act requires the information on this application. You do not have to give the information, but if you do not, we cannot approve your child for free or reduced price meals. You must include the last four digits of the social security number of the adult household member who signs the application. The last four digits of the social security number is not required when you apply on behalf of a foster child or you list a Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF) Program or Food Distribution Program on Indian Reservations (FDPIR) case number or other FDPIR identifier for your child or when you indicate that the adult household member signing the application does not have a social security number. We will use your information to determine if your child is eligible for free or reduced price meals, and for administration and enforcement of the lunch and breakfast programs. We MAY share your eligibility information with education, health, and nutrition programs to help them evaluate, fund, or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

USDA Non-Discrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

mail:

U.S. Department of Agriculture

fax: (202) 690-7442; or

email: program.intake@usda.gov

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